

THE ART OF PRACTICING (SCHEDULE FOR AN HOUR)

I. Put instrument together - 5 minutes

- A. Oil, grease
- B. Check for problems

II. Warmup - 5 minutes

- A. Go through the "routine"

III. Scale study - 10 minutes

- A. Progress through assigned scales (Major, Chromatic and minor)
- B. Memorization
- C. Patterns
- D. Speed

IV. Play a piece (solo or band) for fun and review - 5 minutes

- A. Evaluate your playing

V. Work on assigned study - 10 minutes

VI. Work on Ensemble music - 15 minutes

- A. Target specific sections
- B. Play through entire piece

VII. Sight-reading - 5 minutes

- A. Silently read through (STARS)
- B. Play
- C. Evaluate errors

VIII. Clean and put away instrument - 5 minutes